Tips for Winter Workplace Safety MASKS FOR WINTER WORK



FABRICS

- * Thicker cotton canvas and heavyweight cotton makes for a warmer option
- * use wool for winter masks as it is naturally moisturewicking, breathable, temperature-regulating and odor-resistant
- * fleece masks are thick, dense and comfortable help keep your face protected from the wind
- * knit mask is a soft material and requires a filter insert



What to look for in a winter mask- the tighter the weave, the more effective the fabric with filtration

STYLES



A mask that's like a scarf for your face

face mask and ear muff hybrid





AVOID COLD EAR PAIN: use a mask that ties above the neck and above the head to avoid tying something behind the back of your ears and feeling uncomfortable