

Motto: WORK SAFE SUCCESS

Work more than one assignment at a time

Operate equipment you are qualified to

Report unsafe working conditions to ABL

Kee personal gear in good working order

Skills you learn will help your career goals

Ask questions how to perform tasks safely

Focus on your job and avoid distractions

Energize with water throughout the day

Stretch muscles before & after each shift

Upbeat tempo should start your days

Choose safe ways to perform your work

Challenge yourself every day to have...

A Better Life:

Educate yourself: how to avoid hazards

Safety gear should always be worn

Seek the positive in every situation

